

SEPTEMBER 2023

CAN YOU HELP BY DONATING ANY OF THE FOLLOWING ITEMS?

TINNED MEAT

TINNED VEGETABLES

SMALL COFFEE JARS

SMALL TEA BAGS

BISCUITS

CUSTARD/RICE PUDDING

TINNED FRUIT

TINNED VEGETARIAN

JAMS AND SPREADS

SHOWER GEL / TOOTHPASTE

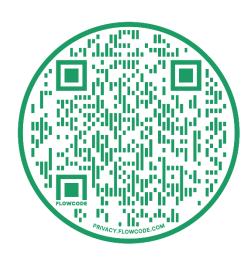
SQUASH

NOODLE SNACKS

RICE PUDDING / CUSTARD

SMALL SUGAR BAGS

Exeter Foodbank is a small,
volunteer-led charity providing
emergency food to local people in
financial crisis, who would
otherwise be unable to put food on
the table for themselves and their
families. We are reliant on food
donations from the generous Exeter
community for every food parcel we
give out.



Scan this QR code to learn how you can donate

THANK YOU VERY MUCH FOR YOUR SUPPORT

WWW.EXETERFOODBANK.ORG.UK

Registered charity no: 1128795